

2025 UNITED AGAINST HATE WEEK



Mon
Oct 20
6:30 to
7:30pm

Free Fitness: Yoga for Unity

Hosted by Beach Cities Health District, all-levels yoga session is designed to bring our community together in collective mindfulness, compassion, and peace.

Register: <https://tinyurl.com/yogaforunity>

AdventurePlex, 1701 Marine Avenue, MB



Wed
Oct 22
5:30 to
6:30pm

Community by Candlelight: Celebrating We All Belong

Hosted by City of El Segundo's Diversity, Equity and Inclusion Committee

El Segundo City Hall Plaza, 350 Main Street, ES



Thur
Oct 23
9:30 to
11:00am

Interfaith Unity Walk

Hosted by Congregation Tikvat Jacob and Manhattan Beach Community Church
Veterans Parkway Greenbelt (Meet at northern most end of Greenbelt at the Parking Lot by the Sepulveda Underpass)



Mon -
Fri
Oct 20-24

Food Drive for the Richstone Family Center's Single Mom Project

Nutrition Pantry

Multiple Locations in Redondo Beach, Hermosa Beach, Manhattan Beach and El Segundo



For more info visit
www.southbayvshate.org

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